

A Non-physical Communion Liturgy (written for use at Northminster Church, Monroe, LA)

In this time when we are unable to physically gather for communion, please receive these words of institution that go beyond the walls of a single place. Let us take communion with the great cloud of witnesses that transcends time and place.

*When Christ broke the bread and poured the wine,
when he proclaimed that these common items of sustenance were,
in truth, his body and his blood given to sustain the world,
he was not instituting a ritual.
He was not limiting himself only to bread and only to wine,
much less only the bread and wine
blessed by a priest or preacher.*

*When Jesus said, "This is my body, broken for you" it was not a limitation,
but an invitation – an invitation to see Christ in all things.*

*He was not saying "I am here only,"
but rather, "learn to see me here,
so that you may see me everywhere."*

*It was an invitation to open our eyes to the presence of Christ
in things as extraordinary as the heavens
and as ordinary as bread.*

*It was an invitation to be sustained by his presence in all things.
"Whenever you do this, whenever you break bread,
remember me."*

Likewise, when Jesus said,

*"This is the new covenant, sealed by my poured-out life,"
he gave us a window into a new world.*

*Into a world in which all-embracing grace was not a prize to be earned,
but a gift,
the Divine birthright of all humanity.*

It was an invitation to remember loving-compassion in all things.

*"Whenever you do this,
something as common as drinking from a cup of wine,
remember me."*